

Midwest Cheer Elite  
Limited Travel  
Cheerleading Team Sign Ups

Sign Ups Begin May 23rd

**Mini Cheerleading (Ages 8yrs and younger)**  
**Youth Cheerleading (Ages 11yrs and Younger)**  
**Junior Cheerleading (Ages 14yrs and Younger)**  
**Senior Cheerleading (Ages 18yrs and Younger)**

## **Midwest Cheer Elite Limited Travel Teams**

Midwest Cheer Elite is proud to announce another season of offering a limited travel All-star Cheerleading team for area athletes. Our goal is to provide an opportunity for boys and girls to participate in the sport of all-star cheerleading, to develop self-confidence and responsibility, meet new friends and do so without the commitment or cost of a regular all-star team.

### **Cost:**

Tuition is just \$55 per month. There is the cost of uniforms, shoes, as well as yearly registration fee. Fee's are broken up according to the following scale:

**Uniform Top and Skirt (cheer)** \$ 250.00 - Due Date: At time of sign up

**Hairbow (all rhinestone)** - \$30.00 - Due Date: June 15th

**1st Installment** \$168.00 - Due Date: July 15<sup>th</sup>

Shoes \$90.00 (Phoenix) or \$80.00 (Evolution) – Due Date: July 15th

**2nd Installment** \$168.00 - Due Date: August 15th

**Duffel Bag** \$40.00 - Due Date: August 15th

**3rd Installment** \$168.00 - Due Date: September 15th

**Uniform Final Payment** \$75.00- Due Date: September 15th

**4th Installment** \$168.00 - Due Date: October 15th

**5th Installment** \$168.00 - Due Date: November 15th

**\*\* This means by December you are only paying tuition**

\*\* Installments include choreography, music, yearly registration fee, coaches fee and all competition fee's for the season

\*\* These fee's are for single teamers only; if you choose to double team, you will be billed monthly for the crossovers costs

\*\* These fee's do not include tuition (\$55/mo.) and tumbling (\$45.00 bi-monthly)  
Tumbling is billed every other month

**Registration:**

Submit registrations to mcepanthers@aol.com or (513) 779-9111 by July 15th

**Practices:**

The first practice will be the week of July 11th. A brief parent meeting will be held at the start of the team's first practice day also. Practice days and times vary per team. Extra practices may be added as needed during this season. ***Practices are mandatory and attendance is extremely important.*** Family emergencies, extreme illness or pre-arranged absences are the only absences that will be excused. For the sake of the team, ***3 unexcused absences will result in dismissal from the program.*** Athletes are required to wear assigned practice outfit and athletic shoes each week to practice.

**Parental Involvement:**

Midwest Cheer Elite encourages families to take an active role in our program. Your involvement is essential to the success of our teams. However, parental involvement cannot be confused with parent interference. By participating in the limited travel program, you are entrusting our staff to make the best decisions for your athlete's success.

During practices, parents will be allowed to stay and observe in the parent viewing area. At no time during practice will a parent be allowed into the practice area to approach a coach with their concerns. Parents will not be permitted to coach their children from the viewing area. This is disruptive and non-constructive for your athlete and the entire team. Any concerns need to be brought to the attention of the staff before or after practice.

**2011-2012 Competition Schedule:**

October 15th - Spirit Jam - Columbus Ohio

November 12th and 13th - All-star Challenge - Cincinnati, Ohio

February 4th and 5th - Athletic Championships - Columbus, Ohio

March 10th - Cheerlebrity - Cincinnati, Ohio

March 20th - Showtyme - Cincinnati, Ohio

**Midwest Cheer Elite  
2011-2012**

**Midwest Cheer Elite Program Rules  
Parent/ Athlete Codes of Conduct**

- \* If you ever have a problem, with anything, please do not hesitate to contact the gym, coach or the owner. We are here for YOU.
- \* If you have any questions or concerns that need immediate attention please use the following chain of command:
  1. Head Coach
  2. Front Desk Manager
  3. Owner
- \* It is your responsibility to wear the appropriate practice wear to every practice
- \* Any additional clothing items (sweats, long pants, etc), cell phones, school bags or gym bags must be kept in cubbies in the parent area.. not in the gym. Cell phones must be turned off.
- \* No profanity or abusive language
- \* Please keep in mind the gym is not a babysitting service. We want our all-stars to use the gym as often as possible, but no child should be dropped off at the gym unsupervised.
- \* You must arrive at all practices, competitions or any scheduled event on time. Punctuality is a MUST.
- \* During practice your opinion does not count. All squad and routine decisions are left to the discretion of the coaches.
- \* Please feel free to talk to your coach about anything; just remember to do it at the appropriate times. For example, approaching a coach in the middle of a practice or in the parking lot after work would not be an appropriate time.
- \* Never post any negative comments on any websites or chat rooms
- \* You may not use the word "Midwest" or any derivative of that word or your team color or team nickname in any form as a user name on website or chat rooms  
ie: [mcemom@aol.com](mailto:mcemom@aol.com), [midwestgirl@fuse.net](mailto:midwestgirl@fuse.net)
- \* No one is allowed to post Midwest Cheer Elite all-star music, choreography, routines, stunts, etc on any website. This includes, but is not limited to "My Space", "FaceBook", "You Tube", etc.
- \* Every year we go through losses and additions of team members. The dismissal/ addition of a team member is solely the coach's decision.
- \* Practices may be changed or added at any time during the season.
- \* Anyone threatening to quit or pull their child from a squad will be dismissed from the program *immediately*
- \* Please do not take valuables to the gym; we are not responsible for unattended items
- \* Only athletes and coaches are allowed in the gym
- \* No one is allowed to yell onto the floor or to try to make contact through the parent viewing window during tumbling classes or practices. **This is extremely distracting to all involved.**
- \* The coaches reserve the right to close practices at ANY time for ANY reason.
- \* It is the parents responsibility to know what is going on with your squad. Check your email and the website regularly
- \* Withholding a child from practice or a competition should never be used as a form of punishment.
- \* Each team will be assigned teams to watch at competition. We would love to have everyone there all day, but at the very least, you are obligated to watch your assigned teams.
- \* Parents, relatives, friends and cheerleaders are *never* allowed to speak with competition officials for any reason.
- \* Parents are *never* allowed to represent Midwest Cheer Elite under any circumstances concerning accommodations, competitions or any other situation.
- \* All Midwest Cheer Elite athletes and family/friends will show good sportsmanship at all times.

- \* There will be no arguing or questioning of the coaching staff's decisions at competitions.
- \* The All-star Director may change, add or subtract any rules at any time.

**GOOD SPORTSMANSHIP, POLITE MANNERS AND A KIND DISPOSITION ARE MANDATORY AT ALL COMPETITIONS AND PRACTICES. THIS PROGRAM PRIDES ITSELF ON SETTING A HIGH STANDARD OF BEHAVIOR. PLEASE HELP US TO CONTINUE ON THIS ENDEAVOR.**

### **Tardiness**

- \* You are considered tardy to practice if you are not on the practice floor ready to practice when your practice BEGINS. This means; appropriate practice wear on, shoes on and tied, hair up, snacks and drinks taken care of, ready to go.

### **Absences**

All-star cheerleading is the equivalent of a "travel" baseball/softball team or an "all-star" volleyball or soccer team. We expect 100% dedication to your team. That means attendance is mandatory.

#### ***Excused Absences include:***

- \* A school function that results in a grade for that class
- \* A death in the family
- \* A contagious sickness, but you must first talk with the All-star Director

#### ***Unexcused Absences include, but are not exclusive to:***

- \* Jobs
- \* Dances, birthday parties, concerts, banquets, family reunions, etc
- \* School projects, and homework or tests
- \* Traffic or long distance driving. If you are driving two hours to tryouts, you will be driving two hours to practice at least twice a week, please take that into consideration. Please plan accordingly for traffic.

There are precious few hours that we have these teams together, every moment must be used. It is extremely important you get to practice on time and try not to miss. Excessive tardiness or absences will result in dismissal from your team. If you are tardy or absent from a competition you will be immediately dismissed. Also, you must attend practice if you are sick and not contagious, let your coach know what is going on, but your presence will be needed at every practice. No absences will be allowed during the week leading up to a competition. (No Exceptions). We cannot stress how important your attendance is, there is choreography, stunting, formations, etc taught at every practice, if you miss that information, you hold the entire team back.

### **Injuries and Conditioning**

- \* Parents need to note this is a highly competitive and dangerous sport. The stunts and tumbling could lead to injuries. These include but are not limited to bruises, pulled or strained muscles, torn or strained ligaments, broken bones, dislocations, paralysis or even death. We at Midwest Cheer Elite, Inc take every precaution to limit these injuries. Unfortunately, we can not prevent them all. In the event that your child is injured we will take every necessary step to ensure your child's well being.
- \* All-star is a very strenuous sport. Therefore, all of the athletes in our program are expected to be in top physical condition. This includes flexibility, strength and endurance. If needed, you may be required to take an additional tumble or a stretch/stunt class. All extra classes are billed to your Midwest Cheer Elite account.
- \* NO ALCOHOL AND NO TOBACCO. If anyone is caught drinking, smoking or using drugs or if there is an eating disorder they will be expected to take the necessary steps to quit and/or receive help. We will, of course, help in any way we can.

- \* All-stars are expected to take a minimum of one tumbling class per week while flyers must take a flex zone class in addition to their tumbling once a week.
- \* Any athletes experiencing an injury must still pay tuition while out due to the injury
- \* Injured athletes may not return until they have a doctors release and are able to return to the level they were prior to the injury

### **Travel**

- \* Hotels are the responsibility of the parents EXCEPT Worlds, where all athletes will be required to use the same accommodations.
- \* There must be a parent in every room, no exceptions.
- \* Each athlete must have a chaperone at every competition. ***It is not your coach or Midwest Cheer Elite staff's responsibility to be your child's chaperone.***
- \* It is your responsibility to pay the hotel directly for your room.
- \* Proper travel attire will be discussed with each team prior to an out of town competition.

Midwest Cheer Elite will reserve a block of rooms at a hotel of our choice. Due to the size of our program, we are limited in our hotel selections. Safety and price is also a major factor when choosing a hotel. Be prepared to spend around \$100 a night for accommodations. We will do our best to negotiate a lower rate; however we want everyone to know what to expect. You will make payments directly to the hotel, not to Midwest Cheer Elite or MCE Boosters.

### **Dress Code**

- \* We will be going back to mandatory practice attire that will be ordered and purchased at the beginning of the season. A calendar of what to wear and when will be out for all-stars before the first practice. The dancers will not have required practice clothing though; only the cheerleaders
- \* If your child is a flyer or is taking a flex zone class, they should always wear briefs under their shorts.
- \* NO JEWELRY AT ALL!! Wearing jewelry of any kind could result in an injury to your child or to another child.
- \* Please keep nails at a reasonable length.

### **Competition Dress Code**

- \* You may wear your uniform top, gym competition tee and warm up pants with briefs under them to competitions.
- \* Carry your skirt in your bag or on a hanger until you put it on.
- \* You must wear the correct shoes to and during competitions. At no time can you wear flip flops, sandals or slip on shoes.
- \* Under no circumstances are you allowed to wear jewelry at any time during the competition day. This could result in your team being disqualified.
- \* All hair and make up must be complete BEFORE entering the competition venue. No rollers or inappropriate attire.
- \* If you are not competing or have been dismissed from your team obligations, you may wear your black warm up pants, a Midwest Cheer Elite T-shirt and tennis shoes. You are still representing Midwest Cheer Elite and must present yourself in such a way.

### **Invoices**

- \* You will receive your invoice by the 1st of the month; Invoices are due in full by the 15th of the month.
- \* Payment can be made by Visa, Mastercard, Discover, American Express, cash or check;
- \* Invoices not paid in full by the 15th of the month will receive a \$50 late fee and the athlete will be unable to participate until the invoice is paid in full (no exceptions)
- \* Booster funds can be used to pay for anything but tuition
- \* Any check that is returned for any reason will result in a \$30 returned check fee and the gym will no

longer accept checks for that account for the remainder of the season

**Important Dates**

July 1st thru July 10th - Fourth of July Holiday; no all-star practices  
July 16th - Limited Travel Cheerleading Fittings (Mandatory)  
August 1st - mandatory practices begin  
September 3rd thru 6th - Labor Day Weekend; gym closed  
October 31st - Halloween; Gym Closed  
November 21st thru 27th - Thanksgiving Weekend; gym closed  
December 23rd thru January 1st - Christmas Holiday; gym closed  
January 2nd - mandatory practices resume  
April 6th thru 8th - Easter Weekend; Gym Closed

Choreography dates will be announced as soon as we have them scheduled but we do know that Limited Travel Choreography will be done in August

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Midwest Cheer Elite accepts checks, money orders and all major credit cards. All correspondences to Midwest Cheer Elite must be made through the front office.

Statements are given out the 1st of the month. If you have any questions, please do not hesitate to call the front office.

**We have fundraisers available thru the boosters. Each year 8-10% of families take advantage of booster sponsored fundraisers. It is possible to pay for an ENTIRE season on the fundraisers they offer. If needed, please take advantage of these fundraisers so your child can participate. For more information please email the booster President: [president@mceboosters.com](mailto:president@mceboosters.com)**

If there is a financial problem, please talk to Tanya Roesel immediately. Your coach will not be able to advise you on these matters.

There will be no refunds made to anyone who is asked to leave the program or that quits a team. This includes all monthly fees and any monies paid into your account.

## **FAQ'S**

**\*Q: How do we get our uniforms?**

**\* A:** We will have our cheerleading uniform fitting on July 16th at 12nn;  
this is a mandatory date; You will have your uniform before the first competition

**\* Q: When can my child "move up?"**

**A:** We reserve the right to move a child at any given time

**\* Q: How do you select teams?**

**A:** We select teams to be the most competitive in each level

**\* Q: Can my daughter fly?**

**A:** If the coach feels your daughter should be a flier, then she will be

**\* Q: When are practices for teams?**

**A:** Limited travel teams practice once a week; no weekends. There may be an additional practice scheduled during the week of a competition

**\* Q: Why do parents sit in the parent area and bad mouth the coaches, kids or other teams?**

**A:** We have no idea!

We look forward to another amazing season! Please help us by following the guidelines set forth in this packet. It is much easier for the coaches and cheerleaders to do their job when they do not have to worry about outside issues. When you have read and understood everything in this packet, please fill out completely all appropriate forms and turn into the front office by the 1st day of tryouts. Incomplete paperwork will not be accepted. If we do not have your completed paperwork by the set tryout dates, your child will not be allowed to tryout.

**ALL GYM AND BOOSTER CLUB FEES FOR THE PRIOR SEASON MUST BE PAID IN FULL BEFORE YOUR CHILD WILL BE ALLOWED TO TRYOUT FOR THE UPCOMING SEASON!**

**Welcome to Midwest Cheer Elite!**

**Financial Commitment  
2011-2012**

**Midwest Cheer Elite, Inc**

**2011- 2012 All-star Season payment policy**

**Everyone will provide a credit card number for monthly payments. You must provide a full credit card/debit card information; this will be entered into our computer program and used only for the monthly invoice if you have not paid by the 15th of the month. You may pay by check or cash before or on the 15th, but payments not made by 9pm on the 15th will be automatically drafted.**

**Name as it appears on the card:** \_\_\_\_\_

**Type of Card:** \_\_\_\_\_

**Credit Card Number:** \_\_\_\_\_ **Exp Date** \_\_\_\_\_

**Billing Address:** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Do you wish to have your card automatically run the 15th of each month?**

**Yes Or No**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Midwest Cheer Elite  
2011-2012**

**Statement of Commitment**

**Financial Commitment**

I have read and fully understand my financial commitment to Midwest Cheer Elite, Inc outlined in this tryout packet. I understand that my commitment is for the 2011-2012 all-star competitive season. I understand that I am giving my credit card/debit card information, that information may be used if I do not meet payment deadlines to Midwest Cheer Elite, Inc. I understand that I will forfeit any monies paid if I choose to leave a team or am asked to leave the program. I understand that I am entering into this program of my own free will.

Parents Signature \_\_\_\_\_ Date: \_\_\_\_\_

**Policies and Expectations**

I have read and fully understand all codes, rules and expectations in this tryout packet. I understand that I am entering into this All-star program of my own free will. I understand what is expected of me as a parent and an all-star. I will conduct myself in a sportsmanlike manner and uphold the standards that are expected of me as a Midwest Cheer Elite all-star.

Parent Signature \_\_\_\_\_ Date: \_\_\_\_\_

Athletes Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Midwest Cheer Elite All-stars  
2011-2012**

Roster Information for your Team Rep.

Athletes Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City \_\_\_\_\_ County \_\_\_\_\_ Zip Code \_\_\_\_\_

Subdivision: \_\_\_\_\_ School \_\_\_\_\_

2011-2012 Grade \_\_\_\_\_ Birth date \_\_\_\_\_

Home Phone Number \_\_\_\_\_

Medical Condition/ Allergies \_\_\_\_\_

Cheerleader Cell: \_\_\_\_\_ Email: \_\_\_\_\_

Mom Name \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Dad's Name \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Please circle T-shirt and Jacket Size:

T:shirt: YS YM YL YXL/AS AS AM AL

Jacket: YS YM YL YXL/AS AS AM AL

Midwest Cheer Elite  
2011-2012 All-star Registration

Athlete's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ Athlete's Cell # (\_\_\_\_) \_\_\_\_\_

Mothers Name \_\_\_\_\_

Work # (\_\_\_\_) \_\_\_\_\_ Cell # (\_\_\_\_) \_\_\_\_\_

Father's Name \_\_\_\_\_

Work # (\_\_\_\_) \_\_\_\_\_ Cell # (\_\_\_\_) \_\_\_\_\_

Parents Email Address: \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age as of August 31, 2011 \_\_\_\_\_

Current Grade \_\_\_\_\_

Previous Cheer Experience: \_\_\_\_\_

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Previous Dance Experience: \_\_\_\_\_

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Previous Flyer Experience: Yes or No (circle one)

Previous Base Experience: Yes or No (circle one)

Previous Back spot Experience: Yes or No (circle one)

Please circle the team you are registering for:

Mini Cheer (Ages 8yrs and younger) Youth Cheer (ages 11 and under)

Junior Cheer (Ages 14yrs and younger) Sr Cheer (ages 18yrs and younger)

\*\*\*Please remember that cheering/dancing for multiple teams does require an additional tuition, which is half the price of the first team's tuition